

## Gear Head Equipment Corner

Compact Video Camera, Ladies Wetsuit, Travel BCD

Dive into underwater videography with the JVC Piccio, an incredibly compact and simple to use package. The Compact Video housing is high quality, built to last and backed by Ikelite's long-standing reputation for excellence. A full line of accessories allows you to really get creative with your underwater video. All camera controls are fully functional through the housing and depth rated to 200 ft. Easy open drop in camera loading make set-up a breeze. Housing includes a tube of silicone lubricant, vinyl lanyard and removable UR/Pro color correcting filter for tropical blue water settings.



Image stabilization and an 8mp digital still mode really set this camcorder apart from other cameras of its kind. The JVC Piccio GC-FM1 accepts SD or SDHC memory cards so there's virtually no limit to the amount of video and still images that can be recorded without downloading to a computer. At just 5.5" wide and 4.25" high with an above water weight of less than 1.25 lbs, this video package is as light and easy as you'll find anywhere. \$460.



The Mares Trilastic 5-4-3 ladies wetsuit is the perfect solution for those diving divas who get cold easily. The whole body, now with a new preformed cut for women, is constructed in super elastic neoprene for the ultimate in freedom of movement, the easiest donning and doffing and unparalleled comfort.

A split level suit design has thicker (5mm) neoprene in the core and thinner (4mm & 3mm) neoprene on the arms and legs to facilitate mobility. The seals at the neck, wrists and ankles are 3.5mm and constructed with Sapphire skin lining, making it easier to put on. It also has a custom closure neck and a back zip incorporating skin on skin seals for less leakage and a lumbar thumb for easy zipping.

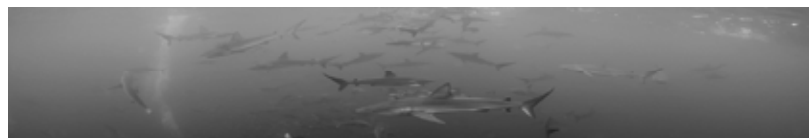
Finally the BCD you've been waiting for. Aqualung's new Zuma is fun, travel-friendly and perfect for those who are tired of paying excess baggage fees. This ultra-light (4.4lbs), weight-integrated, back inflation BC has everything you need, yet lacks weight and bulk. It features the SureLock integrated weight system, an innovative tank support that eliminates the need for a hard pack and has great packability.



## Ocean First Divers Trips Are Carbon Neutral

2010-11 Trip Schedule  
Colorado's Premier Diving and ECO Adventure Center

- |                         |                                     |
|-------------------------|-------------------------------------|
| • Maldives              | Feb. 18- Mar. 2, 2010               |
|                         | Mar. 2-13, 2010                     |
| • Key Largo, Florida    | Mar. 11-14, Apr. 8-11, May 13-16,   |
|                         | Jun. 24-27, Jul. 15-18, Aug. 12-15, |
|                         | Sep. 16-19, Oct. 14-17, Nov. 11-14  |
|                         | Mar. 20-27, 2010                    |
| • Baja, Mexico          | May 14-23, 2010                     |
| • Dominica              | Sep. 10-17, 2010                    |
| • Guadalupe, Mexico     | Oct. 2-14, 2010                     |
| • Philippines           | Nov. 20-27, 2010                    |
| • Ocotol, Costa Rica    | Feb. 18- Mar. 4, 2011               |
| • Raja Ampat, Indonesia |                                     |



## Destination Highlight

Baja, Mexico

Course Director Sage Dalton leads this excursion to the unspoiled, white sandy beaches bordering the azure waters of the Sea of Cortez. Hotel Buena Vista Beach Resort earns its name as the "Jewel of the East Cape" in Mexico's Baja peninsula, featuring Mediterranean style bungalows with private patios and hammocks and offering a range of activities that include swimming, tennis, kayaking, horseback riding, snorkeling, diving, biking and hiking!

This area offers some of the area's best diving. Close by is world famous Cabo Pulmo, an underwater national park which protects the only living coral reef in the Sea of Cortez. Here it is common to find cave-dwelling groupers, manta rays, whale sharks and dense schools of various reef fishes. Water temperatures are moderate to warm with some of the clearest waters in the world. Starting in January, blue, humpback, sperm, sei, minke, pilot, finback and California gray whales all call the Baja peninsula their home. Come witness these magnificent animals in person!!

## Training Center

"Learning is like rowing upstream; not to advance is to drop back"

- Chinese Proverb

Don't look now, but we're enhancing our incredibly popular Master Scuba Diver Challenge program for 2010. For one flat price, you receive 12 scuba specialty certifications! Each month, OFD will be offering classes in PADI's designated Specialty of the Month. This is a great opportunity to keep your knowledge and skills sharp for your next open water diving adventure, ensuring you keep "rowing upstream."

The price for the Master Scuba Diver Challenge is \$495 and includes the academic and pool sessions **and** the open water dives for ALL 12 specialties.

JOIN OFD COURSE DIRECTOR SAGE DALTON FOR THE PADI GO PRO SEMINAR

Make 2010 the year you reach Divemaster, the most recognized professional rating in Scuba Diving. Open enrollment classes will be running all year with convenient week night and weekend scheduling options to meet your needs.

We will also be offering the Instructor Development Course (IDC) 4 times in 2010, with the first program starting in January. Come to the Go Pro seminar **January 11th @ 6:30p** to find out more on the new streamlined curriculum and on-line components that allow you to finish your Instructor rating in under a week!

## Free Wetsuit!!!

Henderson Neosport 3/2mm Full Suit

We're kicking off January with a month long promotion that is sure to get people excited about diving in 2010. For this limited time, if you register for the Open Water Scuba Course and purchase mask, snorkel, fins and booties, we'll throw in a Henderson Neosport 3/2mm full suit. That's a \$120 value!

Henderson's multi-thickness designs give added flexibility where divers need it most. The thicker torso provides core body warmth while the thinner arms and legs allow for easier maneuvering. Generously cut back zippers and adjustable collars make donning a snap and flexible knee pads protect the high wear areas of lower legs. Don't miss this incredible opportunity to get into your own gear so make sure to take advantage and tell your friends too!

# Shop Online

## Aqualung Introduces Virtual Storefront

Have your eye on a particular Aqualung or Suunto product? Now you can order it online and have it shipped to OFD in time for the holidays or your next dive vacation. Simply go to <http://oceanfirstdivers.com/pages/Products.aspx> and start shopping.



If you have your shipment sent to OFD, we'll call you when it arrives, you won't pay for shipping and we'll give you a free pool session to try out your new gear. You can also have your items shipped directly to your front door. Life just got a lot easier!



## Ocean First Swim Academy Andy Caplan Swim School

The Ocean First Swim Academy is very excited to welcome Andy Caplan to our program. Andy is Boulder's premier swim instructor and has been teaching in the community for over 20 years. His swim school, Pool Sharks, has developed into a highly respected, competitive program that teaches safe swimming through correct body positioning. Andy's extensive background and personable nature affords a balanced approach that suits kids and adults alike. When not teaching swimming, Andy enjoys biking, skiing, surfing and just about anything else under the sun.



Classes will resume after the holiday break on January 18th, 2010. Group lessons will be held Monday, Wednesday and Friday from 2-6:30pm and Tuesday and Thursday from 2-5:45pm. Private lessons may be scheduled on weekdays before 2pm. Now, in the comfort of our heated (87F) private pool, is the perfect time to develop your swimming skills and start a lifetime of enjoyment.

## Ocean First Divers

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If you would like to receive our monthly eCards and special promotional offers sent exclusively through email, please send an email to

[info@oceanfirstdivers.com](mailto:info@oceanfirstdivers.com)

Did You Know?....

Flounders undergo a metamorphosis during their adolescence so that both eyes are eventually situated on the upward facing side of its body. They certainly don't start that way, but after landing on either their right or left side, flounders remain facing the same way for the remainder of their life and the eye on their underside begins a slow migration around the face until it sits adjacent the other eye.



# Ocean First News

December 2009 Volume 8

## Winter 2009 Newsletter

- 2010-11 Trip Schedule  
Destination Highlight: Baja, Mexico
- Ikelite Compact Video Package- less than 1.25lbs!!!
- Aqualung's Zuma BC and Mares Trilastic 5/4/3 Ladies Wetsuit
  - Ocean First Swim Academy & Pool Sharks  
Andy Caplan
  - Training Center  
Master Scuba Diver Challenge, Go Pro, IDC
  - Free Wesuit